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Appendix: Preoperative shower instruction sheet

![Preoperative shower instruction sheet](image-url)

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Appendix: Skin Preparation Protocol

Key Points for Surgical Prep

• Assess patient for allergies, choose appropriate prep based on potential allergies and area to be prepped
• Perform hand hygiene
• Confirm surgical site
• Start at clean incision site and move away to periphery, obtain new applicator sponge as needed
• Contaminated incision site (perineum, stoma, open wound, drain, axilla) prep surrounding area first
• Prep in a back and forth motion, with light friction, in 2 direction motion for 30 seconds

• Ensure surgical site marking is still visible
• Collect pooling and drips with towel or blue pad and remove prior to draping
• Allow adequate time for skin antiseptic to dry ~ 3 mins prior to draping
• Document pre-op skin condition, antiseptic used, area prepped, and post-op skin condition