

Occult cystobiliary communication presenting as postoperative biliary leakage after hydatid liver surgery: Are there significant preoperative clinical predictors?

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Background: Occult cystobiliary communication (CBC) presents with biliary leakage, if the cystobiliary opening cannot be detected and repaired at operation. We investigated the clinical signs associated with the risk of occult CBC in the preoperative period by studying patients who developed biliary leakage after hydatid liver surgery. **Methods:** We analyzed the records of 191 patients treated for hydatid liver cyst. Postoperative biliary leakage developed in 41 patients (21.5%). Independent predictive factors were established by logistic regression analysis using clinical parameters, whose cutoff values were determined by receiver operating characteristic (ROC) curves. **Results:** Postoperative biliary leakage presented as external biliary fistula in 31 (75.6%) of 41 patients, as biliary peritonitis in 6 (14.6%) and as cyst cavity biliary abscess in 4 (9.8%). Independent clinical predictors of occult CBC, represented by biliary leakage, were alkaline phosphatase > 250 U/L, total bilirubin > 17.1 $\mu\text{mol/L}$, direct bilirubin > 6.8 $\mu\text{mol/L}$, γ -glutamyl transferase > 34.5 U/L, eosinophils > 0.09 and cyst diameter > 8.5 cm. Multilocular or degenerate cysts increased the risk of biliary leakage ($p = 0.012$). Postoperative complication rates were 53.7% in the patients with biliary leakage, and 10.0% ($p < 0.001$) in those without. The mean postoperative hospital stay was longer in patients with biliary leakage (14.3 [and standard deviation {SD} 1.9] d) than in those without (7.3 [SD 2.3] d) ($p < 0.001$). Nineteen (61.3%) of 31 biliary fistulae closed spontaneously within 10 days. The remaining 12 (38.7%) fistulae closed within 7 days after endoscopic sphincterotomy. **Conclusion:** Factors that predict occult CBC due to hydatid liver cyst were identified. These factors should allow the likelihood of CBC to be determined and, thus, indicate the need for additional procedures during operation to prevent the complications of biliary leakage.

Contexte : Une communication biliaire kystique (CBC) occulte se présente comme un épanchement biliaire si l'ouverture kystobiliaire ne peut être détectée et réparée à l'opération. Nous avons examiné les signes cliniques associés aux risques de CBC occulte durant la période préopératoire en étudiant des patients qui avaient développé un épanchement biliaire après une chirurgie du foie hydatique. **Méthodes :** Nous avons analysé les dossiers de 191 patients traités pour des kystes hydatiques du foie. Un épanchement biliaire post-opératoire s'est formé chez 41 patients (21,5 %). Les prédicteurs indépendants ont été établis par analyse de régression logistique en utilisant les paramètres cliniques, dont les valeurs seuils ont été déterminées par les courbes de la fonction d'efficacité du récepteur. **Résultats :** L'épanchement biliaire post-opératoire s'est présenté comme une fistule biliaire externe chez 31 (75,6 %) des 41 patients, comme une péritonite biliaire chez 6 patients (14,6 %) et comme une infection de la cavité biliokystique chez 4 patients (9,8 %). Les prédicteurs cliniques indépendants d'une CBC occulte, représentée par un épanchement biliaire, étaient : phosphatase alcaline > 250 U/L, bilirubine totale > 17,1 $\mu\text{mol/L}$, bilirubine directe > 6,8 $\mu\text{mol/L}$, gamma-glutamyl-transférase > 34,5 U/L, polynucléaires

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éosinophiles > 0,09 et diamètre du kyste > 8,5 cm. Les kystes multiloculaires ou dégénérés augmentent le risque d'épanchement biliaire ($p < 0,012$). Les taux de complication post-opératoires étaient de 53,7 % chez les patients avec épanchement biliaire et de 10,0 % ($p < 0,001$) chez les patients sans épanchement biliaire. Le séjour post-opératoire moyen à l'hôpital a été plus long chez les patients avec épanchement biliaire (14,3 [et écart-type {ET} 1,9] j) que chez les patients sans épanchement biliaire (7,3 [ET 2,3] j) ($p < 0,001$). Dix-neuf (61,3 %) des 31 fistules biliaires se sont refermées spontanément dans les 10 jours. Les 12 autres (38,7 %) fistules se sont refermées dans les 7 jours après une sphinctérotomie endoscopique. **Conclusion :** Les prédicteurs d'une CBC occulte à cause d'un kyste hydatique du foie ont été identifiés. Ces facteurs pourraient permettre d'établir la probabilité d'une CBC et, par conséquent, indiquer la nécessité de procédures chirurgicales supplémentaires pour prévenir les complications d'un épanchement biliaire.

Hydatic disease, which has been recognized since the time of Hippocrates, is a parasitic infection caused by *Echinococcus granulosus*.¹ It is endemic in Turkey,²⁻⁶ where it presents a serious health problem, but it also occurs in nonendemic regions due to travel and migration.^{7,8} The liver is involved in 50%–70% of cases.^{1,9-11} Cystobiliary communication (CBC), which is the most common complication of hepatic hydatid cyst, occurs as a result of cyst rupture into the biliary system.¹²⁻¹⁴ Communication between cyst and biliary tree is between large and small biliary channels and has an incidence of 13%–37%.¹⁵⁻¹⁸ There are 2 types of intrabiliary rupture: frank and occult (silent).¹⁹ In frank CBC, cyst contents, such as hydatid debris, daughter cysts and major fragments of the germinative membrane, are found in the common bile duct.^{4,18,20} Biliary colic, obstructive jaundice and cholangitis due to complete or partial obstruction of the common bile duct by the elements of the hydatid cyst are common.^{16,21,22} Diagnosis is easy, and frank communication can be managed as a surgical or endoscopic procedure.^{2,9,11,17,18,23}

In occult or silent CBC, cyst fluid, the scolices, the small daughter cysts and minor fragments of the endocyst membranes pass into the biliary tree, where they are invisible to x-rays. Clinical findings are nonspecific at this stage.²⁴⁻²⁶ Occult CBC may be recognized at surgery but, if it remains undetected or unrepaired, postoperative biliary leakage will ensue.^{16,27} This may result in complications such as prolonged biliary

drainage, biliary peritonitis and biliary abscess, all of which increase morbidity and time spent in hospital.^{10,28} Thus, it is important to diagnose and treat CBC in the preoperative and intraoperative period. We therefore studied clinical parameters associated with the risk of occult CBC in the preoperative period, by recording clinical findings in patients who developed biliary leakage after hydatid liver surgery.

Methods

The records of 222 patients treated for hepatic hydatid cyst between January 1992 and December 2002 at Çukurova University School of Medicine Department of General Surgery, Turkey, were reviewed retrospectively. According to preoperative clinical findings, imaging studies or operative findings, 22 patients (9.9%) had frank intrabiliary rupture and 3 patients had choledocholithiasis. The clinical records of 6 patients were incomplete, so these data were excluded from the study. Of the remaining 191 patients, 41 (21.5%) had postoperative biliary leakage.

In occult intrabiliary rupture or CBC, small fistulae occur between the cyst and the biliary system, allowing cyst fluid, the scolices, small daughter cysts and minor fragments of the endocyst membranes to pass into the biliary tree. This condition frequently presents with postoperative biliary leakage, in spite of the lack of CBC symptoms preoperatively. The incidence of 21.5% in our sample is consistent with the description of CBC. Presentation took the form of

biliary drainage from the abdominal drain in 31 (75.6%) of the 41 patients, as biliary peritonitis in 6 (14.6%) and as biliary abscess in the cyst cavity in 4 (9.8%).

The patients' records were reviewed, and the results were recorded on a standard form. This included age, sex, the region where the patient lived, findings on physical examination, laboratory data, cyst structure according to imaging studies, cyst size and location, whether the cyst was primary or recurrent, perioperative findings, postoperative endoscopic retrograde colangiopancreatography (ERCP) findings, time to closure of the biliary fistula, and the complications, mortality and duration of postoperative hospital stay. None of patients had ERCP preoperatively. Wound dehiscence was defined as separation of the abdominal wound, involving the anterior fascial sheath and deeper layers. Biliary peritonitis was diagnosed by physical examination and imaging methods. Depending on the presence of uncontaminated or infected bile, it was described as localized (i.e., adjacent to the diaphragm, liver, transverse colon and esophagus) or diffuse in the abdominal cavity at laparotomy. Cavity infections were identified by purulent drainage from cavity drains or the clinical findings of infection (fever and leukocytosis) combined with positive culture from drainage material.

Fistulae with an output above 300 mL/d were described as high output. All patients underwent a full blood cell count and the following liver function tests (alkaline

phosphatase [ALP], γ -glutamyl transferase [GGT], alanine aminotransferase [ALT], aspartate aminotransferase [AST] and bilirubin). The upper normal limits for liver function tests were as follows: ALP, 270 U/L; GGT, 49 U/L; total bilirubin, 20.5 μ mol/L; direct bilirubin, 6.8 μ mol/L; ALT, 41 U/L; and AST, 37 U/L. The upper limit of normal for leukocytes was 10.3×10^9 /L, and the upper normal limit for eosinophils was 0.06 of total leukocytes. Diagnosis was by ultrasonography and computed tomography in each case and was confirmed by indirect hemagglutination titrations. No CBC or any other pathology was found by imaging studies of the biliary system. Cysts were classified radiologically as unilocular (Gharbi type I and II), multilocular (Gharbi type III) or degenerate (Gharbi type IV).^{29,30}

Patients were selected for treatment according to their condition and the characteristics of the cyst. The indications for surgery were complicated cysts (infected, or communicating with the biliary tree, or exerting pressure on adjacent organs and structures) and uncomplicated, large, peripherally located, hydatid cysts. Small, deep parenchymal cysts, less than 4 cm in diameter and asymptomatic, and calcified cysts in patients older than 65 years were treated conservatively. The type of procedure was decided by individual surgeons. Access was gained through the right subcostal or midline incision. The cyst was isolated from the peritoneal cavity with pads soaked in scolicedal solution. All surgery was conservative, including unroofing of the cyst by partial pericystectomy and cavity management. After the unroofing, the edges of the pericystium were sutured with interlocking absorbable sutures to avoid bile leakage and bleeding. Cavity management was by external drainage, omentoplasty or capitonnage, as decided by each surgeon. Povidone-iodine was used as scolicedal agent. Dilatation of

the biliary system or cystobiliary opening was not seen intraoperatively; consequently, biliary opening repair or bile duct drainage was not performed. All patients received mebendazole (50 mg/kg per day) or albendazole (10 mg/kg per day) preoperatively and postoperatively. Twelve patients with a biliary fistula that failed to close spontaneously within the first 3 postoperative weeks, or a high-output fistula, underwent ERCP and endoscopic sphincterotomy. The biliary system was found to be normal, and no debris or any component of hydatid cyst was observed on ERCP.

Possible risk factors for biliary leakage were analyzed as potential predictors of CBC. Postoperative complications, morbidity rates and the duration of postoperative hospital stay were compared between the patients with and without biliary leakage.

The results are presented as mean (and standard deviation [SD]) and number (and percent). Because tests showed that the data were distributed normally for each continuous variable, Student's *t* test was used to evaluate the differences between groups for measured variables and the χ^2 test was used for categorical variables. Significance was set at $p < 0.05$ in 2-tailed tests. The cutoff values of ALP, GGT, total and direct bilirubin, ALT, AST, eosinophils, leukocytes, cyst diameter, all of which were significant factors according to the *t* test, were determined by receiver operating characteristic (ROC) curve. Multivariate logistic regression analyses were used to assess the factors associated with biliary leakage. Demographic and clinical variables were first subjected to bivariate analyses. Those suggesting an association whereby $p < 0.10$ were included in multivariate analyses. We used the stepwise forward procedure with the following variables: ALP, GGT, total bilirubin, direct bilirubin, ALT, AST, eosinophils, leukocytes, cyst diameter and cyst type.

Results

A total of 217 cysts were treated in 191 patients, 72% of whom were female. The patients' mean age was 42.7 (SD 14) years. Of 191 patients, 140 (73%) came from rural areas and 51 (27%) from urban areas. The most common symptom was abdominal pain (79.1%). One-hundred and seventy-three patients (90.6%) had 1 cyst, the remaining 18 (9.4%) had multiple cysts. One-hundred and eighty-six patients (97.3%) underwent the first cyst operation in our clinic, the remainder had undergone operation elsewhere. The cysts were located in the right hepatic lobe in 150 (79%) patients, the left lobe in 29 (15%) and in both lobes in 12 (6%) patients. The mean cyst diameter was 8.7 (SD 3.0) cm. Of 217 cysts, 98 (45.1%) were unilocular, 71 (32.7%) were multilocular and 48 (22.1%) were degenerate. Of 191 dominant cysts, 171 (89.6%) underwent external drainage, 12 (6.2%) underwent omentoplasty and 8 (4.2%) underwent capitonnage.

The demographic and clinical characteristics of the patients with and without biliary leakage are compared in Table 1. There were no differences in age, sex, place of residence and presence of abdominal pain between the 2 groups ($p > 0.05$). The frequency of biliary leakage was not affected by cysts being single or multiple ($p = 0.84$), primary or recurrent ($p = 0.06$) or in which hepatic lobe they occurred ($p = 0.41$).

The biliary leakage rate was 20.5% (35/171) in patients who underwent external drainage and 30% (6/20) with other procedures. There was no relation between biliary leakage and type of operative procedure ($p = 0.34$). ALP, GGT, ALT, AST, total and direct bilirubin, eosinophil count and cyst diameter were all significantly higher in the biliary leakage group ($p < 0.001$). Multilocular or degenerate cysts increased the risk of biliary leakage ($p = 0.012$).

Cutoff values were $10.0 \times 10^9/L$ for leukocyte count, 0.09 for eosinophil rate, 250 U/L for ALP, 34 U/L for GGT, 17.1 $\mu\text{mol/L}$ for total bilirubin, 6.8 $\mu\text{mol/L}$ for direct bilirubin, 33.5 U/L for ALT, 29.5 U/L for AST and 8.5 cm for cyst size. Table 2 shows the results of bivariate analyses for risk factors for

occult CBC presenting as biliary leakage after hydatid liver surgery. Bivariate analysis showed that elevated findings on liver function tests preoperatively, eosinophilia, leukocytosis, larger cysts, and multilocular or degenerate cysts were significant clinical factors that increased the risk of occult CBC. The most significant

clinical factor, in terms of increasing the risk of biliary leakage, was an ALP level greater than 250 U/L (positive predictive value 60.7). An ALP level greater than 250 U/L, a GGT level greater than 34.5 U/L, total bilirubin greater than 17.1 $\mu\text{mol/L}$, a direct bilirubin level above 6.8 $\mu\text{mol/L}$, eosinophils greater than 0.09 and cyst diameter greater than 8.5 cm were independent clinical predictors of occult CBC in multivariate logistic regression analysis (Table 3). The most significant clinical predictor was a raised preoperative ALP level (odds ratio 22.1).

There was no mortality during our study. Postoperative complication rates were much higher in the patients with biliary leakage than those without (53.7% v. 10%, $p < 0.001$ [Table 4]). Biliary peritonitis developed in 6 patients, of whom 5 had localized peritonitis. One patient had generalized peritonitis and underwent omentoplasty plus T-tube drainage on the first postoperative day. The opening of the biliary channel could not be located, although the leakage was from the cyst cavity. Of the 5 patients with localized biliary peritonitis, 3 underwent reoperation on the third postoperative day and 2 on the fourth. Bile was found in perihepatic regions and cystic cavities, but no active biliary drainage was observed from the cyst cavity, and drainage was carried out in all 5 patients. Of 4 patients with biliary abscess (in the biliary leakage group), 3 were drained percutaneously and 1 surgically. Of 5 hepatic and perihepatic abscesses that developed in the patients without biliary leakage, 3 were drained percutaneously and 2 were treated surgically following unsuccessful percutaneous intervention. Cavity infection developed in 6 patients in the 2 groups. The patients were discharged abscess free following antibiotic and supportive therapy. The abdominal drain caused cellulitis and abscess in the abdominal wall of the patients with biliary leak-

Table 1
Clinical characteristics of patients with and without biliary leakage

Variable	Biliary leakage, no. (and %) of patients*		p value
	No (n = 150)	Yes (n = 41)	
Mean age (and SD), yr	42.2 (14.1)	44.4 (13.7)	0.38
Sex			
Male	43 (28.7)	11 (26.8)	0.84
Female	107 (71.3)	30 (73.2)	
Region			
Urban	43 (28.7)	8 (19.5)	0.27
Rural	107 (71.3)	33 (80.5)	
Pain	119 (79.3)	32 (78.1)	0.90
Mean blood cell count (and SD)			
Leukocyte $\times 10^9/L$	8.0 (2.5)	8.7 (3.3)	0.11
Eosinophils	0.07 (0.03)	0.09 (0.04)	< 0.001†
Mean liver function test values (and SD)			
ALP, U/L	153.9 (95.7)	481.7 (168.4)	< 0.001†
GGT, U/L	25.7 (13.4)	63.8 (32.9)	< 0.001†
ALT, U/L	25.9 (11.8)	57.2 (42.7)	< 0.001†
AST, U/L	27.9 (11.9)	59.7 (42.4)	< 0.001†
Total bilirubin, $\mu\text{mol/L}$	10.9 (5.1)	33.9 (19.3)	< 0.001†
Direct bilirubin, $\mu\text{mol/L}$	5.6 (3.8)	21.4 (15.4)	< 0.001†
Cyst features			
Single	136 (90.7)	37 (90.2)	0.84
Multiple	14 (9.3)	4 (9.8)	
Primary	148 (98.7)	38 (92.7)	0.06
Recurrent	2 (1.3)	3 (7.3)	
Right	115 (76.7)	35 (85.4)	0.41
Left	24 (16.0)	5 (12.2)	
Unilocular	74 (49.3)	11 (26.8)	0.032†
Multilocular	46 (30.7)	17 (41.5)	
Degenerate	30 (20.0)	13 (31.7)	
Mean cyst diameter (and SD), cm	7.9 (2.2)	11.4 (3.7)	< 0.001†
Operation type			
External drainage	136 (90.7)	35 (85.4)	0.34
Other	14 (9.3)	6 (14.6)	
Complication			
No	135 (90.0)	19 (46.3)	< 0.001†
Yes	15 (10.0)	22 (53.7)	
Mean postoperative hospital stay (and SD), d	7.3 (2.3)	14.3 (1.9)	< 0.001†

ALP = alkaline phosphatase; ALT = alanine aminotransferase; AST = aspartate aminotransferase; GGT = γ -glutamyl transferase; SD = standard deviation.

*Unless otherwise indicated.

†Variables were statistically significant.

age. It was treated by antibiotics and surgical drainage under local anesthesia. All other complications were treated medically.

Biliary fistulae closed spontaneously within 10 days in 19 (61.3%) of the 31 patients, whereas those that took longer or had high-output fistulae closed within 7 days of endoscopic sphincterotomy in the other 12 (38.7%) patients. Mean closure time for all fistulae was 12.7 (SD 3.7) days. The mean postoperative hospital stay was 8.8 (SD 3.6) days and was significantly greater in patients with biliary leakage than those without (14.3 [SD 1.9] d v. 7.3 [SD 2.3] d, $p < 0.001$).

Discussion

Although communication between biliary system and cyst occurs in 80%–90% of patients with hepatic hydatid cyst, the incidence of clinical CBC is only 13%–37%.^{8,15–17,24,26} The criteria for CBC are visualization of a cystobiliary opening during operation or demonstration of communication by ERCP in patients with hydatid jaundice or biliary leakage after hydatid liver surgery.¹⁵ We studied occult intrabiliary rupture, which presents with biliary leakage, if the

cystobiliary opening cannot be detected and repaired at operation.^{16,27} The incidence of frank intrabiliary rupture ranges between 5% and 17%.^{2,9,16} Although its mortality and morbidity are high, there are no significant problems with the management of CBC.^{17,18,31} However, occult CBC, which constitutes 10%–37% of cases, is difficult to diagnose, because the symptoms and preoperative radiological findings are unremarkable.³² In our study, 63 (28.4%) of the 222 patients had CBC, of which cases 41 (18.5%) were occult. Twenty-two patients with frank CBC (9.9%) were excluded from this study.

Intracystic pressure is 30–80 cm H₂O, but normal biliary system pressure is 15–20 cm H₂O.^{24,26,33} Flow is therefore toward the biliary system, and bile may not be present in the cavity despite occult CBC.³⁴

In 1 prospective study of analyzed cavity contents, 45 cystobiliary fistulae were found. Six patients had hydatid jaundice in the preoperative period that was confirmed by ERCP. CBC was confirmed in 25 (64.1%) of the remaining 39 patients who had postoperative biliary leakage.¹⁵ Once the cyst has been drained, leakage follows because the pressure gradient is reversed, and bile flows into the

residual cavity rather than through the papilla of Vater.¹² That most of occult CBC cases appear as biliary leakage also supports this view.^{16,25,31} CBC is the most common complication of hepatic hydatid cyst, occurring in 14%–25% of cases of postoperative biliary leakage.¹⁵ The incidence of biliary leakage in our study was 21.5%. Biliary fistula develops when the postoperative leak is able to drain; if it cannot, biliary peritonitis and biliary abscess develop.¹⁰ Occult CBC significantly increases the complication rate.²⁷ In our study, the complication rate was 10% in patients without biliary leakage, and 53.7% in those with leakage, which is consistent with the findings of other studies.^{10,27,31} In our patients, these complications necessitated additional surgical, percutaneous and endoscopic interventions and intensive care. Postoperative biliary leakage significantly increases postoperative hospital stay;¹⁵ here, the normal 7 days' stay was increased to 14 days, consistent with the study reported by Atli and colleagues.³⁵ In the study by Kayaalp and colleagues,²⁸ the stay in hospital was increased from 6 days to 17 days.

No significant difference was found between patients with and

Table 2

Statistical parameters derived using clinical factors to predict cystobiliary communication

Variable	Statistical parameter, %					OR (95% CI)*	p value
	Sensitivity	Specificity	PPV	NPV			
Cyst type, m or d†	73.1	49.3	28.3	87.0	2.6	(1.2–5.6)	0.01
Cyst diameter > 8.5 cm	76.1	73.1	44.4	92.4	9.7	(4.2–22.2)	< 0.001
ALT > 33.5 U/L	75.6	61.3	34.8	90.1	4.9	(2.2–10.7)	< 0.001
AST > 29.5 U/L	73.1	70.0	40.0	90.5	6.3	(2.9–13.8)	< 0.001
ALP > 250 U/L	90.2	84.0	60.7	96.9	48.5	(15.8–148.8)	< 0.001
Total bilirubin > 17.1 µmol/L	75.6	86.0	59.6	92.8	19.0	(8.1–44.5)	< 0.001
Direct bilirubin > 6.8 µmol/L	78.5	73.1	45.2	92.3	11.3	(4.8–26.6)	< 0.001
GGT > 34.5 U/L	85.4	79.3	53.0	95.2	22.3	(8.6–58.0)	< 0.001
Leukocyte > 10.0 × 10 ⁹ /L	31.7	83.3	34.2	81.6	2.3	(1.0–5.0)	0.03
Eosinophil > 0.09	48.7	77.3	37.0	84.6	3.2	(1.5–8.6)	0.001

ALP = alkaline phosphatase; ALT = alanine aminotransferase; AST = aspartate aminotransferase; CI = confidence interval; GGT = γ-glutamyl transferase; NPV = negative predictive value; OR = odds ratio; PPV = positive predictive value; SD = standard deviation.
*Bivariate analyses were performed.
†Multilocular or degenerate.

without biliary leakage in terms of age, sex, place of residence (rural or urban) and symptoms. The nature of the cysts, whether primary or recurrent, single or multiple, and their location (right lobe, left lobe or both), did not affect the risk of biliary leakage. These findings are consistent with those of other studies of CBC.^{28,35}

Hepatectomy and pericystectomy are radical operations for hydatid liver cyst. Radical surgery carries a perioperative risk, but postoperative biliary leakage and recurrence are rare.³⁶⁻³⁸ The fistula is repaired in healthy tissue. Formal hepatectomy should only be performed by experienced surgeons, in specialized centres.³¹ Conservative surgery, which is preferred in endemic regions, carries a high incidence of postoperative biliary leakage and local recurrence.^{10,38}

The main aims of conservative surgery are inactivation of viable elements of the parasite, evacuation of the cyst cavity and management of the residual cavity.^{2,6,10,30} All the patients in our study were treated conservatively. As reported by others,^{28,39} there were no differences in the incidence of biliary leakage between several types of conservative surgical treatment.

ALP concentrations greater than 250 U/L, a total bilirubin level above 17.1 µmol/L, direct bilirubin above 6.8 µmol/L, GGT greater than 34.5 U/L, eosinophils greater than 0.09 and cyst size greater than 8.5 cm in the preoperative period were independent predictors of occult CBC presenting as biliary leakage; ALP was the most important. A high intracystic pressure causing intermittent passage of cyst fluid,

scolices and minor fragments into the biliary system can cause elevated ALP, GGT and bilirubin.^{24,26,35} Some studies report that these indices are more prominent in frank intrabiliary rupture than in the occult type.^{8,17,18,22} Elevated ALP and direct bilirubin were risk factors for occult CBC, as reported by Atli and colleagues.³⁵ High ALP and GGT levels were risk factors for CBC according to Kayaalp and colleagues,²⁸ who suggested that percutaneous treatment should be avoided in patients with increased ALP and GGT, because CBC contraindicates percutaneous treatment.⁴⁰

Absorption of hydatid antigen following cyst rupture into biliary channels or the peritoneum may increase the eosinophil count. Eosinophilia has been reported in 29%–100% of patients with intrabiliary rupture.⁴¹⁻⁴⁴ An eosinophil count exceeding 0.09, namely, significantly greater than in patients without biliary leakage, is an independent risk factor for CBC in our study. Humayun and colleagues⁴² found more than 10% eosinophilia in the presence of CBC.

Mean cyst diameter was significantly greater at 11.4 cm in patients with biliary leakage compared with 7.9 cm in those without. Cyst size above 8.5 cm was an independent predictor of occult CBC. Atli and colleagues³⁵ found that cyst diameters of 14.5 cm or more independently predicted occult intrabiliary rupture, although Kayaalp and colleagues²⁸ found that 65% of cysts that caused biliary leakage were less than 10 cm, and Bedirli and colleagues¹⁷ found a mean cyst diameter of 9 cm in 41 patients with intrabiliary rupture. The mean cyst size of 9.9 cm reported by Atli and colleagues in patients without biliary rupture exceeds that in other studies, but our sizes are consistent with those of others. We found occult CBC, represented by biliary leakage, to be more common with multilocular and degenerate cysts, as have others.^{17,28,35}

How can the risk of biliary leakage

Table 3

Independent predictors of cystobiliary communication identified by multivariate logistic regression analysis*

Variable	p value	Odds ratio	95% CI
Cyst diameter > 8.5 cm	0.02	7.9	1.3-47.1
ALP > 250 U/L	0.001	22.1	3.3-147.1
Total bilirubin > 17.1 µmol/L	0.03	8.1	1.1-57.5
Direct bilirubin > 6.8 µmol/L	0.02	17.8	1.5-202.9
GGT > 34.5 U/L	0.01	8.1	1.4-45.2
Eosinophil > 0.09	0.02	9.0	1.2-64.7

ALP = alkaline phosphatase; CI = confidence interval; GGT = γ-glutamyl transferase.
*Adjusted by age and sex.

Table 4

Postoperative complications

Complication	Biliary leakage; no. (and SD)			p value
	No (n = 150)	Yes (n = 41)	Total (n = 191)	
Hepatic and perihepatic abscess	5 (3.3)	4 (9.8)	9 (4.7)	0.18
Biliary peritonitis	0	6 (14.6)	6 (3.2)	< 0.001*
Cavity infection	2 (1.4)	4 (9.8)	6 (3.2)	0.02*
Wound infection	2 (1.3)	1 (2.4)	3 (1.6)	0.53
Cellulitis in abdominal wall	0	1 (2.4)	1 (0.5)	0.24
Abscess in abdominal wall	0	1 (2.4)	1 (0.5)	0.24
Wound dehiscence	0	1 (2.4)	1 (0.5)	0.24
Intestinal obstruction	0	1 (2.4)	1 (0.5)	0.24
Pulmonary	6 (3.9)	2 (4.8)	8 (4.2)	0.68
Urinary infection	0	1 (2.4)	1 (0.5)	0.24
Total	15 (10.0)	22 (53.7)	37 (19.4)	< 0.001*

SD = standard deviation.
*Variables were statistically significant.

from occult CBC be evaluated preoperatively, and what should be done intraoperatively? The independent clinical predictors, determined by multivariate analysis, should be investigated preoperatively. Because the contents and other components of the cyst are drained into the biliary system, preoperative ERCP may demonstrate both biliary dilatation and communication with the cyst in patients with frank intrabiliary rupture. But occult CBC cannot be demonstrated preoperatively by ERCP because of the high intracystic pressure and small communication.²⁴ Consequently, cystobiliary openings may be found following surgery in patients with occult CBC in the presence of independent clinical predictors. After partial cystectomy and cyst evacuation, cyst contents and signs of communication with the biliary system should be carefully sought. Özmen and Coskun³⁴ describe an easy and reliable technique, using a telescope, for finding the communication opening via direct visualization during conservative surgery for hydatid liver cysts in situations in which visualization of the cavity is difficult. Communication between the cyst and biliary tree was found and sutured in 6 of 18 patients, and no postoperative biliary leakage developed.

If the opening of the biliary channel into the cyst cavity cannot be located, the cyst should be filled with saline and air injected from the cystic duct. Alternatively, methylene blue can be injected into the gallbladder or common bile duct; bubbles or methylene blue will reveal the opening.²⁶ Jabbour and colleagues⁴⁵ reported that decompression of the biliary system through the cystic duct prevents bile leakage from occult communications and, therefore, decreases the risk of infectious complications. After complete unroofing of the cyst, the CBC was identified via air injected from the cystic duct. These communications were then sutured, and cavity management was

performed by omentoplasty. In 1 of the 6 patients, a Roux-en-Y hepaticojejunostomy was performed because of distal common bile duct stricture. In 4 patients, cystic duct drainage was performed for biliary decompression. In the other patient without prophylactic drainage, a persistent bile leak developed postoperatively.

These procedures usually require cholecystectomy and could cause confusion later, if it fails to identify the opening. Another method is to pack the cyst with gauze soaked in hypertonic saline and wait for bile stains to appear. We use povidone-iodine as a scolicidal agent; it colours the cyst cavity, making it difficult to identify CBC if bile does not appear immediately, and thus some biliary leakage from occult CBC was seen postoperatively in our study too. Another risk of giving the scolicidal agent after aspirating the cyst is that of caustic sclerosing cholangitis.²⁶

If occult CBC is found, the opening in the biliary system should be sutured with absorbable material, with or without cystic duct drainage. If no biliary opening is found, cystic duct drainage may be performed if preoperative factors predict the presence of CBC. Cavity management can then be performed by omentoplasty or external drainage, preferably with suction drainage. External biliary fistula is the most common postoperative complication of hydatid liver surgery in endemic regions.⁴⁶ The frequency ranges from 6% to 28%;¹⁻³ it was 16.2% in our study. Although most external biliary fistulae close spontaneously, they persist in 4%–27.5% of cases.²⁵ Nineteen (61.3%) of 31 external biliary fistulae closed spontaneously in our study. Endoscopic sphincterotomy is indicated in biliary fistula of more than 3 weeks' duration or with output exceeding 300 mL/d.^{10,29} Saritas and colleagues¹³ treated 45 patients, Dolay and colleagues²⁵ treated 33 patients, and Tekant and colleagues⁴⁷ treated 9 patients successfully with

endoscopic procedures. Fistula closure time after endoscopic treatment was reported to be 17 days, 10 days and 7 days, respectively. In this study, 12 cases of delayed closure or of high-output fistulae closed within 7 days of endoscopic sphincterotomy. The policy of sphincterotomy for high-output fistulae increased the use of endoscopic methods in our study.

Conclusion

We found that occult CBC presenting as biliary leakage following hydatid liver surgery can be predicted by levels of ALP, GGT, total and direct bilirubin, eosinophils and cyst diameter. Multilocular or degenerate cysts were found to be important predictors of CBC. Postoperative biliary leakage was associated with increased morbidity and a prolonged stay in hospital. Additional procedures performed in the intraoperative period help prevent complications due to biliary leakage by allowing determination of CBC. We suggest that when postoperative biliary fistula develops despite all preventive measures, it should first be treated by conservative methods, and with endoscopic procedures if it persists.

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