A 12-year-old boy presented with a mass in the anterior part of his right shoulder. Examination revealed a well-circumscribed lesion over the central one-third of the right clavicle, measuring approximately 8 × 7 cm. The mass was firm, nonpulsatile and immobile, appearing to be contiguous with, and fixed to, the clavicle.

A plain radiograph of the clavicle is shown in Fig. 1 and a representative magnetic resonance image in Fig. 2. At operation, careful dissection revealed a cystic bluish mass with an extremely thin shell over underlying bone and periosteum (Fig. 3). The lesion was aspirated with a hypodermic syringe, and the lining was noted to collapse away from the surrounding bone. The lesion was entered and curettage done quickly to control bleeding. The periosteum was closed once hemostasis was ensured. The specimen was sent for pathological examination and culture.

The term aneurysmal bone cyst was popularized by Jaffe and Licht-
enstein in 1950 to describe a specific subperiosteal lesion. The lesions described were histologically characterized by large, cystically dilated vascular spaces, fibrosis, reactive bone, variable numbers of giant cells and scattered hemosiderin pigment. Radiologically they were characterized by a thin expandable shell of periosteal new bone overlying a superficially eroded outer metadiaphyseal cortex. These typically followed significant local trauma. Subsequently, this definition has been expanded to include intramedullary lesions with the same histologic characteristics. This terminology has caused considerable controversy, as many of these intramedullary lesions are the result of involutional changes in a number of different primary tumours. These primary tumours include simple bone cyst, giant cell tumour, osteoblastoma, chondroblastoma, angioma and telangiectatic osteosarcoma among others. Obviously considerable caution must be exercised in the diagnosis and management of the presumed aneurysmal bone cyst.

In the present case, the findings on radiography, computed tomography, magnetic resonance imaging and ultrasonography were all consistent with the presumed diagnosis of aneurysmal bone cyst. These demonstrated a cystic intramedullary lesion containing multiple septations. The overlying cortex had thinned and expanded.

References


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